



Winter Season: October 2017 – March 2018

Tuesday		Thursday		Friday		Sunday	
Kin 2	Dryland	Kin 2	Dryland	Kin 3	Dryland	Kin 1	Dryland
	3:15-3:25 PM Warm Up		3:15-3:25 PM Warm Up	5:45-6:15 PM Simulation	5:45-6:05 PM Tech	OPTIONAL SESSION	
3:30-4:00 PM		3:30-4:20 PM		6:15-7:00 PM		3:00-4:00 pm	
Class		FreeSkate		FreeSkate		FreeSkate	
4:00-4:45 PM		4:20-4:55 PM					
FreeSkate		Class					
	4:50-5:00 PM Flex	OR					
		4:20-4:55 PM					
		Class					
		4:55-5:45 PM					
		FreeSkate					
			5:50-6:00 PM				
			Flex				

\$625 Including Skate Canada Insurance Fee +\$40 Chocolates +10 Volunteer Hours or Opt Out for \$100

- A post-dated volunteer cheque is required upfront.
- We have payment plans up to 3 payments can be made, paid in full by mid-February 2018. Post -dated cheques required.
- Registration includes spring skating! Important notice: the spring schedule will be a different schedule. Times will be different, days may be different and arenas will likely be different. Subject to city ice allocation.
- Family discount for skaters in Junior Academy & up is available (does not apply to family participants in CanSkate). Please ask!
- Proper Figure Skates are a requirement ankles should have strong support and the blade should have a nice size toe pick.
- Running Shoes are required for dryland sessions.
- Skaters will be rotated through simulations, those that aren't on the week's rotation will participate in the dryland session.
- Skaters may choose either the early or late session on Thursdays. Early sessions will feature engaged supervision. Note you choose for the year, not weekly.
- Engaged supervision will be featured on weekday sessions which means that skaters will be kept busy by a coach or Program Assistant when they are not in lessons.
- Lesson budgets based on 3 day week:
 - Level 1: \$80 per month approximately (mostly group)
 - Level 2: \$105 per month approximately (a mix of group, semi-private and private)
 - Level 3: \$125 per month approximately (a mix of group, semi-private and private)